

New – Shepherd's Center Walk the Parks



Walk the Parks

Led by Jane Done and Gina Ferguson

Dust off your walking shoes. Spring has sprung! Exercise, Explore Nature, Enjoy Meeting Fellow Walkers. Walking schedules will be planned on a monthly basis. Wear appropriate walking shoes, bring a water bottle and dress for the weather. All participants will be required to complete a standard waiver of liability form. Cancellations due to inclement weather will be posted on the Shepherd Centers homepage, www.shepherdscenter-wk.org

Walk the Parks is a free program offered by the Shepherd's Center, donations are accepted. All proceeds from Shepherd's Center programs help support our free transportation and simple home repair services.

Kirkwood Park Walk

West Adam and Geyer Rd., 63122

Wednesday, May 2, 10 am

Meet in the parking lot near the path around the lake. We will walk on paved and unpaved paths with some hills. The walk will take us by the stream on the South and up by the playground on the North ending with a loop around the lake. 2 miles.

Watson Trail Park

12450 West Watson Road,, Saint Louis, MO 63127

Wednesday, May 9, 10 am

Meet in the North Parking lot right off West Watson Rd near the Aquatic Facility. Path starts along the Nature Trail which will take us around the lake and continue around the perimeter of the park on the wood chip Nature Trail. Approximately 2 miles.

Powder Valley Conservation Center

11715 Cragwold Rd, Kirkwood, MO 63122

Wednesday, May 16, 10 am

Meet in the parking lot by the Visitors Center. This park has wonderful paths of varying lengths and difficulties so there's something for everyone who would like a peaceful walk/hike in the woods. We will decide which path to take depending on the group.

Creve Coeur Lake

13725 Marine 63146

Wednesday, May 23, 10 am

Meet at the Sailboat Cove parking lot. We will walk on the paved trail around the lake. Lunch on your own at the Lakehouse afterwards optional. 3 miles.