

# Caring Conversations with Older Adults: A Journey in Aging

*Madeleine Lane, SSND, MA, LMFT, speaker and facilitator*

Topical Discussion offered by  
The Family Center and The Shepherd's Center



**Thursday, October 1, from 6 – 7:30 pm**

## **Session One: Starting the Conversation**

Topics: what are important aspects to look for in senior living lifestyles, reality of the need for help in quality daily living, well-being and hopes and goals of the older adult. Who will be involved and how to include adult children, grandchildren and friends in the conversation; being a compassionate presence; honoring the elderly person's life and gifts; helpful support in making the transition; movement from "home" to another "home", openness to receiving mutual care and support.

**Thursday, October 22, from 6 – 7:30 pm**

## **Session Two: Deepening the Conversation**

Topics: how to approach with sensitivity the end-of-life issues; comforting ways in helping to remove the fear of death; Missouri Five Wishes; palliative and hospice care; how to include family members in this sacred journey.

**Madeleine Lane, SSND, MA, L.M.F.T.**, is a clinical member of the American Association of Marriage and Family Therapy, practicing as a licensed Marriage and Family Therapist. She is the Founder of The Family Center with over thirty years of educational, pastoral and counseling experience, including being a spiritual director. She serves as a guest speaker, facilitator, workshop presenter and is an adjunct university professor. Madeleine's area of expertise is grief counseling. "For me it has been a gift to journey with individuals and families and to help make life a little lighter in our world today."

For more information and to register, call (314) 395-0988

Presentation and discussion held at  
Shepherd's Center at Webster Hills UMC  
1333 W. Lockwood, Glendale, MO 63122

Inspiring dynamic living among older adults through volunteerism,  
enrichment and community connection



