



Inspiring dynamic living among older adults through volunteerism, enrichment and community connection

Summer 2015

Taste of Webster Kirkwood: Chef Wars was Fantastic!

Our first "Chef Wars" was a huge success! The judges did an outstanding job of selecting the most delectable entrée and dessert. Thanks to all participating senior living communities and their chefs: Aberdeen Heights, Friendship Village-Chesterfield Senior Living, Friendship Village-Sunset Hills Senior Living, Meramec Bluffs, Laclede Groves, Our Lady of Life Apartments, and Provision Living at Webster Groves Bistro 45. Thanks to the TOWK committee for a fantastic job! More information to follow in our fall newsletter.



I Scream, You Scream, We All Scream for Ice Cream

Friday, July 31, noon
Webster Hills UMC, 1333 W. Lockwood,
Glendale, MO 63122

Celebrate the completion of summer Adventures in Learning at Webster Hills UMC with an Ice Cream Social in the gym. Please sign up so we know how many scoops to serve. RSVP in person at AIL or by calling 314-395-0988.

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Volunteer Spotlight – Jill Jordan

Written by Sandra Nelson

Meet Jill, one of our happiest volunteers! Jill has been a volunteer at the Shepherds Center since the beginning. After retiring from a 20 year career teaching pre-school at Kirkwood UMC, she started attending the early Adventures in Learning classes offered in the Christian Life Center. When the Shepherd's Center was founded, she became one of the first volunteers to "woman" the desk at the Resource Center. She also enjoys her fellow volunteers and the feeling of joy in the office. She calls the Shepherd's Center her "happy place," and looks forward to her scheduled turn at the desk, even dropping in now and then to offer extra help when needed. The Shepherds Center is always a happier place when Jill is around! To read more about our wonderful volunteers, sign-up for the Shepherd's Center e-news, call 314-395-0988 with your e-mail address.

Volunteer Drivers Needed Make a Difference One Ride at a Time!

The Shepherd's Center Transportation Ministry is a worthwhile and needed service. You will meet some very nice neighbors and share their journey to the doctor and more. Just give 3 hours a month and enjoy the ride! Call 314-395-0988 for more information. You will find it very rewarding!



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If you would prefer to receive this mailing via email only just let us know, call (314) 395-0988.



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Shepherd's Center of Webster-Kirkwood

News & Classes

From the Resource Desk

Promise Mobility will help you maintain your independence and live at home longer. They offer many ramps, lifts and other adaptive equipment designed to continue aging in place. For information about goods and services call 314-800-8598 or click www.promisemobility.com.

Who Is Our Newest Young Friend?

Please join us in welcoming Katie Morrison, practicum student from UMSL, who is working on a Master of Science in Gerontology. She is interning with us this summer.

Millennium Stars Society, Leave a Legacy

Would you like to leave a legacy that benefits not only loved ones but also future generations of older adults in our community? Contact Gayle McHenry, Executive Director, at 314-395-0988 for more information about a planned gift.

Colored Pencil Art

Kris Scharfenberger, Artist and Owner, KhrisArt
Fridays, June 12-July 31, 11 am–1 pm (no class July 3)
Webster Hills UMC, 1333 West Lockwood, Glendale, MO 63122

Learn to create beautiful, realistic pieces of art with the wonderful medium of colored pencils. Class is for new and experienced colored pencil artists.
FEE: \$49/7 weeks, for more information and to register, call 314-395-0988.

J.U.L.I.E.T.S. Lunch Group

"Just us Ladies into Eating Together"

Lunch bunch gathers the third Wednesday of every month at a different restaurant chosen by the group. Everyone is welcome! RSVP's due by noon Monday the week of the lunch by calling 314-395-0988 and learn where they are dining out next!

BYOD – Bring Your Own Device

Fridays, July 10, 17, and 24, noon–1 pm
Webster Hills UMC, 1333 West Lockwood, Glendale, MO 63122

Get the help you have been looking for! Local youth are planning to host a "tutorial" on how you may further use your electronic devices. They can help with iPhones, laptops, iPad, tablets, Kindles, etc. Call 314-395-0988 to reserve your seat and list your device. **FREE** – come to one session or attend all three.

AARP Safe Driving Class

Wednesday, September 9, 9 am–1 pm
Webster Hills UMC, 1333 W. Lockwood, Glendale, MO 63122

Shepherd's Center will offer an annual AARP Safe Driving Class. Cost is \$15 for AARP members, \$20 for non-members. Registration by September 2 is required, call 314-395-0988 to register. Check with your insurance company to see if you will receive a cost reduction for attending. This class is offered **FREE** to volunteer drivers of Shepherd's Center. For class questions call our instructor, Roy Schuttenhelm, at 314-842-0409.

Book Club

Webster Hills UMC, 1333 West Lockwood, Glendale, MO 63122

Hosted by Cindy Schultz from the St. Louis County Library, the Shepherd's Center Book Club meets on the second Friday each month. All are welcome to join, books provided, call (314) 395-0988 for the next read and details.

Where's Harrison Avenue and Douglass Manor?

Summer 2015 schedules for Harrison and Douglass Manor were mailed in May. For more information, call Betsy Solomon at 314-779-9231.

